

West Ranch Basketball

"We play a different hard than most teams"

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Goals and Objectives

Coaching Goals

- A. Create a basketball program that entails a "family" atmosphere
- B. To establish a basketball program that helps the athlete fulfill their goals.
- C. To routinely win League Team Sportsmanship Awards
- D. To teach the fundamentals of the game to all athletes regardless of talent level.
- E. Increase overall physical conditioning and mental skills
- F. To develop a staff of individuals to help build the program
- G. Continue to improve player morale
- H. To develop a working relationship with the administration, all faculty members, the student body, all athletes, league coaches, and parents
- I. To run a program violation-free and well respected by league coaches
- J. To continue the tradition of success for boys basketball
- K. To be competitive in the Foothill League
- L. To compete in the CIF and State post-season tournaments

Specific Objectives

- A. Create a basketball program that entails a "family" atmosphere
 - 1. Promote and provide an environment that practices both respect for self as well as for all teammates.
- B. To establish a basketball program that helps the athlete fulfill their goals.
 - 1. Teach and help modify individual goals for each athlete
 - 2. Keep athlete focused on their goals to insure both personal and team success.
- C. To routinely win League Team Sportsmanship Awards
 - 1. Stress to the athletes the importance of respecting ones opponent.
- D. To teach the fundamentals of the game to all athletes regardless of talent level.
 - 1. Stress to the players that a solid foundation in skills creates a solid team
- E. Increase overall physical and mental conditioning
 - 1. Summer offensive/defensive development program
 - 2. Pre-season conditioning
 - 3. Pre-practice fundamental program
 - 4. Strength training program
 - 5. Speed, agility, quickness, and endurance programs

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- F. To develop a staff or individuals to help build the program
 1. Hire coaches with great role-model attributes
 2. Quality trained coaches
 3. Equal opportunity for all coaches

- G. Continue to improve player morale
 1. Quality uniforms and practice equipment
 2. Positive communication with players
 3. Emphasis on academics
 4. Team functions (i.e., summer trips, meals)

- H. To develop a working relationship with the administration, all faculty members, the student body, all athletes, conference coaches, and parents
 1. Former player involvement
 2. Administration and faculty involvement
 3. Cheerleader involvement
 4. Band involvement
 5. Inter-squad scrimmage to open season – free admission for student body and faculty

- I. To run a program violation-free and well respected by league coaches
 1. Abide by the policies of the William S. Hart District Athletic Handbook

- J. To continue the tradition of success for boys basketball
 1. Positive reinforcement for small steps
 2. Develop pride within school
 3. Create first class through positive means
 4. Achieving the athlete's goals

- K. To be competitive in the Foothill League
 1. Stay competitive to challenge for the Foothill League Title

- L. To be in the CIF and State post-season tournaments