

Student Support Groups

During the spring semester, the counseling department will be running five student support groups:

Teenage Grief Group

Assists students in understanding the grieving process after the loss of a loved one.

Girls Issues Group

Included but not limited to: topics such as body image, self-esteem, effective communication, peer conflicts/pressures, anger management, making healthy choices, drug and alcohol use.

Boys Issues Group

The male version of the girls group along with discussions on peer pressure to engage in drug and alcohol use, violence/delinquent behavior.

Conflict Resolution

Assists students who have been disciplined for or identified as having problems with anger, disruptive behavior and violence.

Parent/Teen 'Connect'

'Connect' is an eight week program run by the SCV Youth Project in which parents and teens meet as separate groups to participate in discussions and workshops and then come together to apply the skills they have learned. The goal is to help strengthen communication and other skills necessary for the development of healthy family relationships. This group will meet in the evenings twice a month at West Ranch.

The deadline for sign-ups into these groups is February 8th. For further information, please contact Marjorie Lynch or CiCi Cazan in the counseling office at 222-1220.